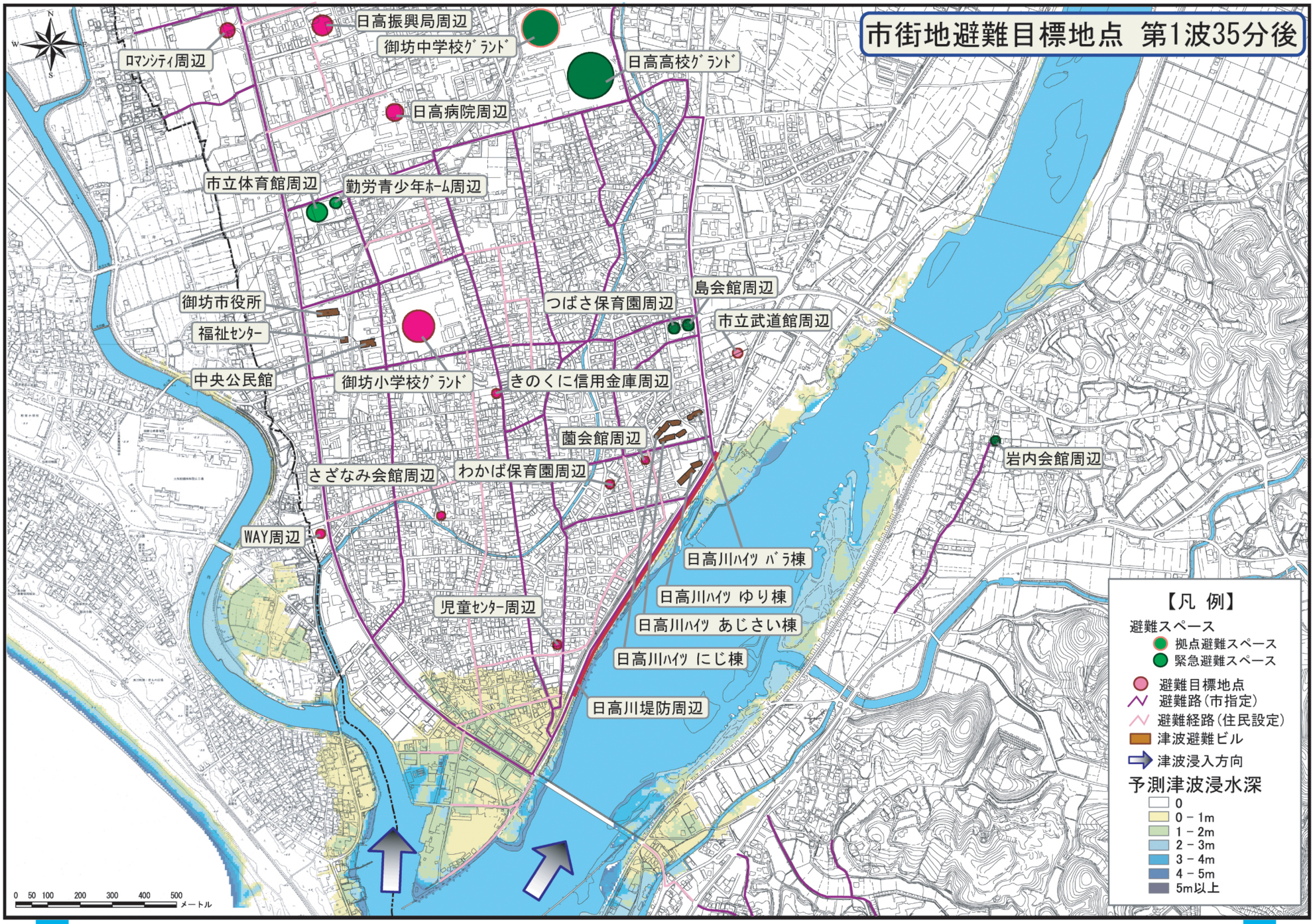市街地避難目標地点　第1波35分後